

Getting Your Feet Beyond Our Doors!

IHSU Orientation 2017-2018
Rose Clarke Nanyonga, PhD (Yale)
Vice Chancellor

International Health Sciences University

VISION & MISSION

- ❖ **Bridging the gap in health care education through research and training**
- ❖ **To make a difference to healthcare by bridging the gaps in healthcare education through research and training in line with highest professional, academic, clinical standards and sharing knowledge to promote health development**

MANDATE

❖ Our students and graduates are challenged and trusted with an important agenda: to strive for academic excellence, to lead change by moving the health sector forward from a business-as-usual approach, and to producing and implementing creative solutions to existing problems in the health sector.

VALUES

- ❖ **Discover knowledge and more**
- ❖ **Develop: skills, intellect, knowledge, people, systems, infrastructure, programs**
- ❖ **Innovate: Pursue best practices and integrate into learning, research and community**
- ❖ **Thought Leadership: lead, inspire and enable others**
- ❖ **Inquire: constantly pursue life-learning skills**
- ❖ **Quality Standards and Ethical Practice and Behavior**
- ❖ **Equip/Empower**
- ❖ **Make a difference**



π

OUR FUTURE



OUR HOPE FOR YOU

- ❖ **Our Hope for the students and graduates of IHSU is:**
 - **Grounded in vision and mission & Values**
 - **Driven by strategic planning, positioning and business development of IHSU**
 - **That you are Equipped for the challenging and changing job market**

RELEVANT NOW! FOR THE FUTURE!

- ❖ **What is unique about your learning and practice environments now?**
- ❖ **How does it enable/disable you to succeed**
- ❖ **What opportunities do you have to overcome challenges**
- ❖ **What do you need to remain relevant for the new and changing future?**

TOOLING THE 21st CUNTURY

**Creativity: New and Novel
Innovate: Improve on existing...**

**Critical Thinking: analyze, assess,
self-correct & reconstruct,**

Cognitive Flexibility: Adapt to
Change: Re-Learn

Negotiation: Leverage

Service Orientation

Judgement and Decision-Making

Emotional Intelligence (You and
others)

Coordinating with Others

People Management

Complex Problem-Solving

BEYOND ADMISSIONS

- ❖ **Beyond Admission**
 - Sustain a Marketable Self

- ❖ **Get more out of the university experience than just knowledge**

- ❖ **Underpin your career with some specific guiding principles**
 - Create a rewarding university experience

SUSTAINING A MARKETABLE SELF

❖ Who are you? Taking stock, shedding the window dressing

- Promote you. What are you selling beyond the interview?

❖ Balancing Dreams, Aspirations and Reality?

- Quick appraisal of the internal realities of your new job
- Realigning your goals accordingly
- Ascertain: is the Existing culture Bane or Windfall?

Tip
Capitalize on your skills
Succinctly articulate achievement
Network
Master TJS

TJS

❖ What are TJS?

- Things that you are good at that are not job specific and can be used at any job

❖ Top 3 TJS:

- Communication; Problem Solving; Team Work; Goal Setting; Time management

- ❖ **Others: Search and Retrieval Skills**; Leading a group; speaking another language; keeping detailed records; training others; meeting deadlines; managing financial records etc.

TJS (Cont.)

❖ Where can you acquire and what could be learned?

- School: listening, following instructions
- Volunteering: Helping others; adapting to situations
- Student Council: coordinating, running meetings
- Extra Curricular: Leadership organizations
- Family: communication; problem solving; team work

PEARLS

❖ Time

- Treating time as you most **Valuable resource**
- Demonstrates respect for others and their time
- Signals you value your position and the job you do

❖ Knowledge

- Your area. If you don't know—search and retrieve that knowledge!
- Company/Organization or the changing variables in the world

❖ Dependability

- Follow through: Win the first time. It takes less time than when you do it twice.

PEARLS (Cont.)

❖ **Demonstrate Commitment**

- Proactive; Complete assignments; look for ways to add value

❖ **Choose a team: Problem versus Solution**

- Discuss solutions rather than recycling a narrative on problems
- Be part of the solution; Suggest ways to avoid the problem in the future

❖ **Responsibility and Ownership**

PEARLS (Cont.)

❖ Mentors: The Company You Keep, You Become

- Shadow often if/when possible
- If we hang out with fluff we are likely to end up in the vacuum cleaner

❖ Attitude

- Significant contributor to work culture and success. So reconstruct!

DENY ALL
ADMIT NOTHING
BLAME SOMEBODY ELSE

PITFALLS

❖ Joining the **Blame Team** versus the unpopular **Solutions Team**

❖ The clutch: “Sorry” without the Intention & Will to change behavior

➤ Common examples: Funerals and Tragic events are important to you, not the Organization

❖ **Have you contributed a solution lately?**



What is
our contribution
to the problem
we are concerned
with?

GROUND your PURSUITS IN Guiding Principles

❖ Dream

- Be proactive and strategic about what you hope to achieve

❖ Inspire

- Identify what inspires you and pay it forward

❖ Enable

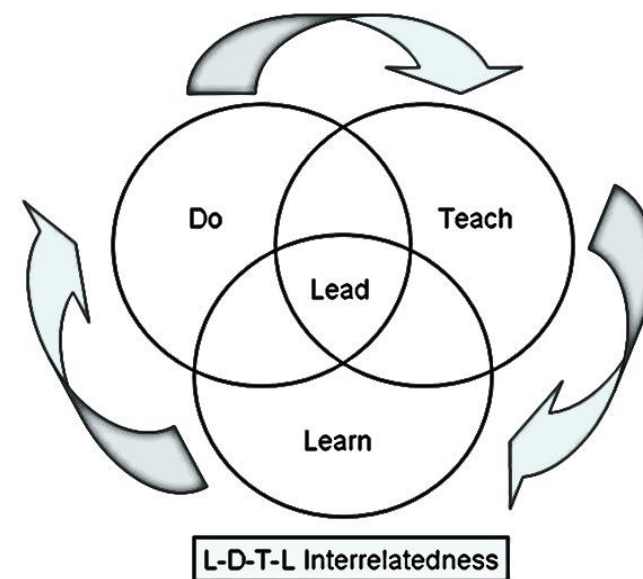
- Yourself and others

Create a Rewarding Experience Starting at University

- ❖ Lets assume your work-life spans between 18-68 years for 235 days a year (includes 4 UNI years)=50 years of work
- ❖ You would have logged nearly 94,000 hours (average 8 hours a day)
- ❖ That is **one tenth**
- ❖ of your life
- ❖ It is only fair that you create a rewarding learning & job experience starting now.

IN SUM: STRIVE TO Demonstrate

- ❖ Making a **D**ifference
- ❖ How you are **D**eveloping
- ❖ Ways in which your scholarship has **I**mpact and **V**isibility
- ❖ Make time to explore your **C**reative-**S**elf
- ❖ Tool and Retool (**L**earn, **D**e-**L**earn, **R**e-**L**earn)
- ❖ **L**earn One thing, Then **D**o It, Then **T**each It



THANK YOU AND GOOD LUCK

Dr. Rose Clarke Nanyonga

Email: vc@ihesu.ac.ug